

## 1977 Region 5A Girls - Friday, June 3rd at Watertown

**Teams:** Holy Angels 84, Albany 37, Foley 36, Watertown 32, Kimball 32, Dassel-Cokato 26, Holdingford 24, Aitkin 23, Grey Eagle 20.5, Annandale 19, Milaca 18, Sartell 17, Belgrade 14, Maple Lake 13, Blake 13, Pierz 12.5, St. Cloud Cathedral 9, Big Lake 8, Minnehaha Academy 5, Delano 4, Crosby-Ironton 4, Brooten 4, Waconia 2, New London-Spicer 2, Atwater 2, Royalton 1, Monticello 1, Grove City 1, Howard Lake-Waverly 1

### 110 Yd Hurdles

- 1 Kathy Hunt, Kimball 14.6
- 2 Chris Vierzba, Sartell 14.9
- 3 Pokornowski, D-C 15.2
- 4 McCleary, Aitkin 15.2
- 5 Anding, HA 15.3
- 6 Noll, Albany 15.5

### 100 Yd Dash

- 1 Diane Berghuis, Milaca 11.7
- 2 Martha Anderson, HA 11.8
- 3 Noll, Albany 12.0
- 4 Michalowski, C-I 12.1
- 5 Burns, HA 12.1
- 6 Lankey, Grove C 12.3

### Mile Run

- 1 Martha Finch, Blake 5:26.0
- 2 Carolyn Krousey, Grey E 5:28.6
- 3 Eittle, Albany 5:34.3
- 4 Mielke, Albany 5:34.5
- 5 Boniek, NL-S 5:41.3
- 6 Kelly, Annandale 5:44.2

### 880 Yd Relay

- 1 Albany 1:47.2
- 2 Holy Angels 1:47.9
- 3 Kimball 1:50.3
- 4 Foley 1:51.0
- 5 Pierz 1:51.8
- 6 Holdingford nt

### 440 Yd Dash

- 1 Lona Ulrich, HA 60.3
- 2 Julie Dzik, HA 60.7
- 3 Bergstrom, Foley 61.6
- 4 Essler, Brooten 61.7
- 5 Sobania, Holdingford 63.2
- 6 Sand, Holdingford 64.0

### 180 Yd Hurdles

- 1 Kathy Hunt, Kimball 23.3
- 2 Chris Vierzba, Sartell 23.5
- 3 Anding, HA 24.0
- 4 Noll, Albany 24.6
- 5 Pokornowski, D-C 25.1
- 6 Finch, Blake 25.3

### 440 Yd Relay

- 1 Dassel-Cokato 51.2
- 2 Albany 51.8
- 3 Foley 52.2
- 4 Aitkin 52.8
- 5 Annandale 53.1
- 6 Monticello 53.1

### 880 Yd Run

- 1 Nancy Sweet, Watertown 2:28.1
- 2 Lynn Stich, Holdingford 2:32.3
- 3 Zoller, Kimball 2:34.9
- 4 Petron, Foley 2:37.1
- 5 Buer, Atwater 2:39.3
- 6 Koltjes, SC Cathedral 2:40.9

### 220 Yd Dash

- 1 Martha Anderson, HA 25.9
- 2 Josephine Berghuis, Milaca 26.0
- 3 Anderson, Annandale 26.6
- 4 Ulrich, HA 26.6
- 5 Korte, Albany 26.9
- 6 Vierzba, Sartell 27.1

### Two Mile Run

- 1 Mary Krousey, Greg E 12:02.5
- 2 Joyce Kampsen, Belgrade 12:06.9
- 3 Bielejeski, Holdingford 12:14.8
- 4 Davis, HA 12:33.2
- 5 Hagen, Blake 13:01.1
- 6 Lynch, Maple Lake 13:09.0

### Mile Relay

- 1 Holy Angels 4:10.6
- 2 Pierz 4:15.3
- 3 Holdingford 4:19.0
- 4 Foley 4:19.5
- 5 Watertown 4:19.6
- 6 Howard Lake-Waverly 4:24.4

### Shot Put

- 1 Carol Wiltgen, Foley 39-10
- 2 Cathy Degenaro, Maple Lake 36-4.5
- 3 Belt, Big Lake 35-9.25
- 4 Provo, Annandale 35-5.75
- 5 Dahl, Watertown 35-4.5
- 6 Justin, Royalton 33-9.5

### Discus Throw

- 1 Beth McCleary, Aitkin 109-2
- 2 Sue Dahl, Watertown 108-6
- 3 Provo, Annandale 105-9
- 4 Cathy Degenaro, Maple Lake 100-10
- 5 Bader, HA 98-4
- 6 Aubol, Big Lake 98-2

### Long Jump

- 1 Julie Dzik, HA 17-4.25
- 2 Joann Pokornowski, D-C 17-1.5
- t3 Valtinson, Minnehaha 17-1
- t3 McCleary, Aitkin 17-1
- 5 Bergstrom, Foley 16-4.5
- 6 Angell, Big Lake 16-0

### High Jump

- 1 Chris Lindstrom, Watertown 5-0
- 2 Julie Hollenhorst, SC Cathedral 4-10
- 3 Kuefler, Belgrade 4-10
- t4 Johnson, Waconia 4-10
- t4 Kulter, Grey E 4-10
- t4 Meyer, Pierz 4-10

**Notes:**